

Post-Teacher's

**Questions about Toy Box to be added in the post-test Teacher's Questionnaire
For Intervention Kindergartens**

The following questions assess your overall opinion of the ToyBox programme and your experience in its implementation.

ToyBox programme.....		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1.	...fits well within the daily school routine	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
2.	...was easy to adapt to our class	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
3.	...caused a lot of extra work	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
4.	...was not very flexible	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
5.	...has far too many components to implement	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
6.	...was too long	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
7.	I would use ToyBox again	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
8.	I will recommend ToyBox to colleagues	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅

To what degree did ToyBox contribute in increasing interest and awareness concerning drinking water, healthy snacking, physical activity and sedentary behaviours among the following groups?

	To a large degree	To some degree	Neither to a large nor to a little degree	To a little degree	Not at all
The children in the participating classes	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
The parents of children in the participating classes	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
The teachers in the participating classes	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
The school headmaster/management personnel	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅

In general, did you find trustful the information presented in the ToyBox Teacher's General Guide and Classroom Activity Guides?

- ₁ To a large degree
- ₂ To some degree
- ₃ Neither trustful nor not trustful
- ₄ To a little degree
- ₅ Not at all

The present questionnaire is available for free use with the obligation to explicitly reference the Toybox-study (www.toybox-study.eu) and add the relevant references:

1. Manios Y, Androutsos O, Katsarou C et al. Designing and implementing a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. *Obes Rev* 2014 Aug;15 Suppl S3:5. doi: 10.1111/obr.12175.
2. Androutsos O, Apostolidou E, Iotova V et al. Process evaluation design and tools used in a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. *Obes Rev*. 2014 Aug;15 Suppl S3:74-80. doi: 10.1111/obr.12185.