

Teachers' report

Evaluation of the ToyBox Teachers' Training

Dear teacher,

We kindly ask you to fill in this brief questionnaire below regarding the ToyBox training you just had. Your response will help and guide the research team to further improve the presentation and the content of the teachers' training. There are no right or wrong answers, so just please try to be as honest and accurate as possible with your response.

Teachers' code (to be completed by researchers): _____

Date: _____

Please provide some background information about yourself.

Name/ address of kindergarten you are currently working: _____ _____ _____
Gender: _____
Age: _____
Number of years worked as a teacher: _____

Please indicate for each of the statements below how much you agree or disagree.

A. Presentation of the material and the aim of the ToyBox programme

		Totally agree	Agree	Disagree	Totally disagree
1	The aims of the ToyBox programme were clearly presented and explained	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
2	The components of the ToyBox programme were clearly presented and explained	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
3	The material and how it will be implemented by the kindergarten teachers were clearly presented and explained	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

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1. Manios Y, Androutsos O, Katsarou C et al. Designing and implementing a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. *Obes Rev* 2014 Aug;15 Suppl S3:5. doi: 10.1111/obr.12175.
2. Androutsos O, Apostolidou E, Iotova V et al. Process evaluation design and tools used in a kindergarten-based, family-involved intervention to prevent obesity in early childhood. The ToyBox-study. *Obes Rev*. 2014 Aug;15 Suppl S3:74-80. doi: 10.1111/obr.12185.

4	The number and type of classroom activities to be implemented weekly were clearly presented and explained	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
5	Sufficient time for questions, discussion and clarifications was allowed	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
6	The overall information presented was interesting and easily understood	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
7	The researcher(s) implementing the training were ...				
	Supportive	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
	Explanatory	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
	Open to questions, concerns, suggestions	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
	Motivating	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

B. Teacher's personal perspective for the ToyBox programme

	Totally agree	Agree	Disagree	Totally disagree
I have a personal interest (regardless of ToyBox programme) on the issues addressed such as healthy diet, physical activity and health	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I think that the objectives of the ToyBox programme will be useful to my kindergarten	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I think that the ToyBox programme will help the children in my kindergarten improve their lifestyle behaviours	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I think that the ToyBox programme will motivate the parents of my kindergarten to be actively involved and support their children's behavioural changes	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I feel confident that after following this training I will fulfil efficiently my role in the ToyBox programme	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I feel that after spending some more time on the material I will be able to fulfil efficiently my role in	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

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	the ToyBox programme				
	I feel motivated that I can achieve the targets of the ToyBox programme	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

8. Do you think that the aims of the ToyBox programme are feasible?

₁ Yes

₂ No → If not, please indicate the reasons and what would you propose to make this programme more feasible and more effective:.....

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9. Which means of transportation did you use to attend the training session?

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.....

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10a. If you came by car, were you the driver or a passenger? driver passenger

10b. If you were the driver, how many kilometres did you travel (in- and outbound)?:km

11. If you used public transport, how much did your ticket(s) cost; (in- and outbound) (Please also write down the currency):

12. How long did it take you to come to the training session (in- and outbound)?.....

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Thank you very much for sharing with us your views!

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