



Child and Maternal Health Knowledge Update

www.chimat.org.uk
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Welcome to the Child and Maternal Health Knowledge Update highlighting the latest news, events, reports, research and other resources relating to children, young people's and maternal health. All these resources and more are available on our website www.chimat.org.uk

This email includes a summary and link to each resource below.

If you would prefer to read a pdf version of this eBulletin, go to the [eBulletins page](#) on our website.

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In the news

We do not accept responsibility for the availability, reliability or content of these news items and do not necessarily endorse the views expressed within them.

BBC: Child sight loss on increase, says Blind Children UK
Increasing numbers of British children are being registered as blind or partially sighted, say campaigners.

<http://www.chimat.org.uk/resource/view.aspx?RID=201596&src=KU>

PHE bulletin: 27 May 2014

Includes: Blackfriars Consensus Statement on dementia, heatwave plan for 2014 issued and HPV vaccination schedule change in September 2014.

<http://www.chimat.org.uk/resource/view.aspx?RID=201597&src=KU>

BBC: University campaign to counter binge-drinking culture
Alcohol-based initiation ceremonies and pub crawls may become a thing of

the past on university campuses in England and Wales under a new project.

<http://www.chimat.org.uk/resource/view.aspx?RID=201599&src=KU>

NHSE: Liaison and Diversion Bulletin: May 2014

The monthly Liaison and Diversion (L&D) Bulletin, bringing all news and L&D updates together in one place.

<http://www.chimat.org.uk/resource/view.aspx?RID=201703&src=KU>

NHSE: The new Congenital Heart Disease review: 24th update

This blog provides a regular update.

<http://www.chimat.org.uk/resource/view.aspx?RID=201705&src=KU>

BBC: Staying active 'helps normal births'

Pregnant women who stay active are more likely to have a normal birth without the need for medical intervention, research shows.

<http://www.chimat.org.uk/resource/view.aspx?RID=201707&src=KU>

Independent: Children who eat breakfast with their families 'less likely to be obese'

Children who regularly eat breakfast and dinner with their parents are considerably less likely to be overweight, according to a new European study.

<http://www.chimat.org.uk/resource/view.aspx?RID=202442&src=KU>

Independent: More than a quarter of the world's population is overweight or obese

The global obesity epidemic is worse than previously thought, experts have said, as new figures reveal that 2.1 billion people – well over a quarter of the world's population – are now overweight or obese.

<http://www.chimat.org.uk/resource/view.aspx?RID=202455&src=KU>

Guardian: How obese is the UK? and how does it compare to other countries?

More people in the UK are either overweight or obese than at any other time in the past three decades according to new analysis of data.

<http://www.chimat.org.uk/resource/view.aspx?RID=202456&src=KU>

Guardian: WHO urged not to 'suppress and control' e-cigarettes

UK public health experts say device could save millions of lives and should not be regulated same way as conventional tobacco.

<http://www.chimat.org.uk/resource/view.aspx?RID=202464&src=KU>

PHE: PHE hosting 2 stakeholder events on sugar reduction

These events are part of PHE's strategy to improve diet and reduce levels of obesity.

<http://www.chimat.org.uk/resource/view.aspx?RID=202465&src=KU>

SIN: What is a healthy school and why it matters for healthy learning (Blog)

The BMJ recently published an editorial suggesting that 'English schools are neglecting pupil's health because of focus on academic attainment'.

<http://www.chimat.org.uk/resource/view.aspx?RID=201827&src=KU>

Mail: Phone parents to tell them their child is fat says watchdog
Parents should be phoned up and told their child is too fat, according to guidance published by an official health watchdog.

<http://www.chimat.org.uk/resource/view.aspx?RID=201828&src=KU>

Guides and practice

The complete routine immunisation schedule from Summer 2014
This two-page chart provides immunisation information for health professionals and immunisation practitioners. The complete schedule includes the Boostrix-IPV and Infanrix Hib IPV vaccines, available from summer 2014. (Updated 4 June 2014.)

<http://www.chimat.org.uk/resource/view.aspx?RID=201021&src=KU>

Routine childhood immunisations from July 2014 (poster)
Information for health professionals on childhood immunisations. This schedule has been updated to include 2 new vaccine introductions – Infanrix IPV Hib and Fluenz. It supersedes the 2013 routine childhood immunisations schedule from July 2014. (Updated 29 May 2014.)

<http://www.chimat.org.uk/resource/view.aspx?RID=202468&src=KU>

Schools project - homophobic and transphobic bullying and hate crime
The Crown Prosecution Service (CPS) North West has worked with the Ministry of Justice, Stonewall and Gendered Intelligence to develop a free educational resource pack aimed at tackling homophobic and transphobic bullying and hate crime amongst young people. It contains video clips, information and lesson plans, to help teachers to explore these issues. The resources aim to increase young people's understanding about homophobic and transphobic prejudice, educate them about their responsibilities as citizens and provide them with the knowledge and skills to help them challenge the attitudes and behaviours that lead to bullying and hate crime.

<http://www.chimat.org.uk/resource/view.aspx?RID=202540&src=KU>

Reports

Postnatal care: current issues and future challenges (Journal article)
Internationally postnatal care varies in terms of who provides it, how long women receive care for, whether it is in hospital, the community or at home, the content and quality of care provided. In this commentary the authors draw on policy and research on postnatal care in the UK and Australia to highlight current issues and future challenges.

<http://www.chimat.org.uk/resource/view.aspx?RID=201586&src=KU>

Parental reaction to disability (Journal article)
How the diagnosis of neurodevelopmental disability is communicated to the family has long-lasting effects.

<http://www.chimat.org.uk/resource/view.aspx?RID=201588&src=KU>

Global, regional, and national prevalence of overweight and obesity in children and adults during 1980—2013: a systematic analysis for the Global Burden of Disease Study 2013

In 2010, overweight and obesity were estimated to cause 3.4 million deaths, 3.9% of years of life lost, and 3.8% of disability-adjusted life-years worldwide. The rise in obesity has led to widespread calls for regular monitoring of changes in overweight and obesity prevalence in all populations. Comparable, up-to-date information about levels and trends is essential to quantify population health effects and to prompt decision makers to prioritise action. The authors estimate the global, regional, and national prevalence of overweight and obesity in children and adults during 1980—2013.

<http://www.chimat.org.uk/resource/view.aspx?RID=201709&src=KU>

Obesity prevention in children in pre-school years: policies and evidence. Report of a high-level workshop held in Brussels, 11 April 2014

This document is written for policy-makers, officials and stakeholders concerned with the prevention of obesity, especially in younger children. It summarises the findings of the EU-funded ToyBox project and related research into obesity prevention in children, and reflects the discussions of a workshop held in Brussels in April 2014.

<http://www.chimat.org.uk/resource/view.aspx?RID=202246&src=KU>

Research summary: adolescent mental health

Mental health problems have important implications for every aspect of young people's lives including their ability to engage with education, make and keep friends, have constructive family relationships and make their own way in the world. Prevention and intervention in adolescence is critical for wellbeing. This research summary pulls together some of the themes emerging from the literature with a selection of new research work and pointers to new guidance.

<http://www.chimat.org.uk/resource/view.aspx?RID=202413&src=KU>

Public health and landscape: creating healthy places

In April 2013, responsibility for public health moved from the NHS in England to local authorities. The Landscape Institute was inspired by this change to look at the promotion of public health across the whole of the UK. Their challenge was to answer the question: can landscape help create healthy places? They believe that the evidence in this publication and especially the projects that they describe, provide a clear and positive answer.

<http://www.chimat.org.uk/resource/view.aspx?RID=202460&src=KU>

A measure of change: an evaluation of the impact of the public health transfer to local authorities on alcohol

This interim report from Alcohol Concern looks at local alcohol services and commissioning following the transfer of public health teams to local authorities. Based on a survey of clinical commissioning groups, directors of public health and service providers in 30 local authority areas, it finds a greater focus on alcohol issues but concerns over funding.

<http://www.chimat.org.uk/resource/view.aspx?RID=201819&src=KU>

Tools and data

Analysis of male to female birth ratios in the UK: 2008 to 2012

Analysis of gender ratio in England and Wales updated to include data from 2008 to 2012 and child ethnicity.

<http://www.chimat.org.uk/resource/view.aspx?RID=201467&src=KU>

Guardian: How obese is the UK? and how does it compare to other countries?

More people in the UK are either overweight or obese than at any other time in the past three decades according to new analysis of data.

<http://www.chimat.org.uk/resource/view.aspx?RID=202456&src=KU>

Pupil absence in schools in England: autumn term 2013

Levels of overall, authorised and unauthorised absence by school type, with indicative statistics on persistent absentees.

<http://www.chimat.org.uk/resource/view.aspx?RID=202543&src=KU>

Research

The full versions of some of these resources may only be available with a paid subscription. For information on how you may be able to access them please view our [Accessing Knowledge Hub resources](#) page.

Child maltreatment and trauma exposure among deaf and hard of hearing young adults

The purpose of the present study was to examine the prevalence of child maltreatment and lifetime exposure to other traumatic events in a sample of deaf and hard of hearing and matched hearing college students.

<http://www.chimat.org.uk/resource/view.aspx?RID=201590&src=KU>

Professional breastfeeding support for first-time mothers: a multicentre cluster randomised controlled trial

This study aimed to evaluate the effect of two postnatal professional support interventions on the duration of any and exclusive breastfeeding.

<http://www.chimat.org.uk/resource/view.aspx?RID=201592&src=KU>

Nebulized hypertonic saline for bronchiolitis: a randomized clinical trial

This study aimed to compare the effect of nebulized 3% hypertonic saline vs 0.9% normal saline on admission rate and length of stay in infants with bronchiolitis.

<http://www.chimat.org.uk/resource/view.aspx?RID=201593&src=KU>

Nebulized hypertonic saline for bronchiolitis in the emergency department: a randomized clinical trial

This study aimed to determine whether nebulized 3% HS compared with normal saline (NS) improves respiratory distress in infants with bronchiolitis not responding to standard treatments in the emergency department.

<http://www.chimat.org.uk/resource/view.aspx?RID=201594&src=KU>

Physical activity and excess weight in pregnancy have independent and unique effects on delivery and perinatal outcomes

This study examines the effect of low daily physical activity levels and overweight/obesity in pregnancy on delivery and perinatal outcomes.

<http://www.chimat.org.uk/resource/view.aspx?RID=201706&src=KU>

Global, regional, and national prevalence of overweight and obesity in children and adults during 1980—2013: a systematic analysis for the Global Burden of Disease Study 2013

In 2010, overweight and obesity were estimated to cause 3.4 million deaths, 3.9% of years of life lost, and 3.8% of disability-adjusted life-years worldwide. The rise in obesity has led to widespread calls for regular monitoring of changes in overweight and obesity prevalence in all populations.

Comparable, up-to-date information about levels and trends is essential to quantify population health effects and to prompt decision makers to prioritise action. The authors estimate the global, regional, and national prevalence of overweight and obesity in children and adults during 1980—2013.

<http://www.chimat.org.uk/resource/view.aspx?RID=201709&src=KU>

Stillbirth in twins, exploring the optimal gestational age for delivery: a retrospective cohort study

To evaluate the optimal gestational age at delivery for twins.

<http://www.chimat.org.uk/resource/view.aspx?RID=201818&src=KU>

School-based health center providers' treatment of overweight children

This descriptive study was to determine self-reported treatment practices of school-based health center providers when caring for overweight/obese children.

<http://www.chimat.org.uk/resource/view.aspx?RID=201824&src=KU>

Screening for rumination and brooding may be a feasible method of identifying adolescents at high risk for depression

The purpose of this study was to explore the usefulness of a standardized measure of rumination and brooding.

<http://www.chimat.org.uk/resource/view.aspx?RID=201825&src=KU>

Hypertension, snoring, and obstructive sleep apnoea during pregnancy: a cohort study

This study aimed to assess the frequency of obstructive sleep apnoea among women with and without hypertensive disorders of pregnancy.

<http://www.chimat.org.uk/resource/view.aspx?RID=201826&src=KU>

Consultations

PHE: Making it work: a guide to whole system commissioning for sexual and reproductive health and HIV (Consultation)

PHE is developing a guide to sexual and reproductive health and HIV commissioning, focused on how to pull the whole system together. The

deadline for responses to this consultation is Thursday 12 June 2014, at 5pm.

<http://www.chimat.org.uk/resource/view.aspx?RID=201481&src=KU>

PHE: Strategic framework to improve the health and wellbeing of gay, bisexual and other men who have sex with men (Consultation)

PHE is developing a Strategic Framework to promote the health and wellbeing of gay men, bisexual men and other men who have sex with men.

This consultation closes at 6 June 2014 9:00am

<http://www.chimat.org.uk/resource/view.aspx?RID=201482&src=KU>

Events

For details of these and many other events see the [calendar of events](#) on our website.

Update on progress towards meeting the recommendations of the Intercollegiate report on tackling FGM

The Intercollegiate Group on FGM invites you to join us to look back and discuss developments and progress since the publication of Tackling FGM in the UK: Intercollegiate recommendations for identifying, recording and reporting in November 2013.

Location: Royal College of Obstetricians & Gynaecologists

Start date: Monday, 23rd June 2014

<http://www.chimat.org.uk/resource/view.aspx?RID=201821&src=KU>

Developing a diverse child and adolescent workforce: an introductory course (CPD64)

NHS London is offering free places on a ten-week training course for unqualified support staff working with children, young people and their families in the voluntary, NHS, community, education and social care settings.

Location: London

Start date: Monday, 1st September 2014

<http://www.chimat.org.uk/resource/view.aspx?RID=151820&src=KU>

Emotional care of babies, children, young people and families: developing understanding, skills and knowledge (EC1)

This new course will begin in September 2014 and is designed for anyone who wants to develop skills, knowledge, and understanding in working with babies, children, young people, and families. It is particularly suitable for those at the early stages of career development in work with children and families. Individual modules of this course are available as CPD.

Location: London

Start date: Monday, 1st September 2014

<http://www.chimat.org.uk/resource/view.aspx?RID=202360&src=KU>

Assessing the progress on tackling obesity

This policy briefing will focus on the progress being made on tackling obesity in the UK in order to reduce the number of preventable deaths and assist people to live healthier, longer lives.

Location: London

Start date: Thursday, 16th October 2014

<http://www.chimat.org.uk/resource/view.aspx?RID=202352&src=KU>

Tackling long-term conditions: coordinating care, delivering improvements
A whole system approach is required to tackle the scale and prevalence of long-term conditions. It will require service transformation, integration of care and innovative systems to meet the pressing challenge.

Location: Cavendish Conference Centre, London

Start date: Wednesday, 29th October 2014

<http://www.chimat.org.uk/resource/view.aspx?RID=193622&src=KU>

eBulletins

Working with partners, we produce a number of eBulletins to keep you up to date:

Child and Maternal Health Knowledge Update
Children's Mental Health and Psychological Wellbeing
Learning Disabilities and CAMHS
Perinatal and Infant Mental Health

Sign up to one or more at <http://www.chimat.org.uk/default.aspx?QN=CHMK9>

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